

# SBLS

*Santa Barbara Life & Style Magazine*

*January/February 2021*



A BREATH OF FRESH AIR

# 48 HOURS *in Santa Barbara*

## DAY 1

### BREAKFAST

There's no better place to kick off the morning than **Hustle & Grind Coffee** in Paseo Nuevo. This latest addition to the shopping center serves locally-roasted coffee and delicious tea lattes. They also offer an array of sweet and savory toasts, like the "Queen B" with peanut butter, banana, and chia, and the "OG Avocado" topped with cherry tomatoes and balsamic.

[@hustleandgrindcoffeecompany](#)

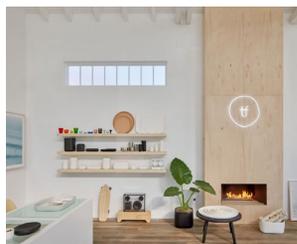


Photo by Bruce Damonte

### SHOP

The carefully-curated **TF Design Montecito** shop has brought minimalist design to the San Ysidro Village. The light-filled store features modern Tina Frey Designs decor and a selection of art and Scandinavian furniture that will elegantly add intrigue to your space.

[@tinafreydesigns](#)

### ESCAPE

Sometimes a staycation is all you need to unwind and reset. Grab a day-pass to **Rosewood Miramar Beach** and enjoy basking in the sun at the Cabana Pool. Sip on craft cocktails while you

tan, or play a friendly game of poolside bocce ball with friends.

[@rosewoodmiramarbeach](#)



### DINE

Tapas and cocktails at **Loquita** sounds like our ideal evening excursion in Santa Barbara. Snack on Spanish classics such as Croqueta Rajas, a manchego fritter with piquillo peppers, or enjoy Mariscos Paella with tiger prawns, uni, and Spanish octopus topped with yuzu aioli. The layered flavors and unique ingredients make for complex and delicious dishes that will leave you craving more.

[@loquitasb](#)



### STAY

Staying at the sprawling **Ojai Valley Inn** makes distancing easy. Plus they are hosting a special winter culinary series where The Restaurant at Meadowood and Michelin-starred Chef Christopher Kostow will be taking up

residency at OVI's Farmhouse event space starting in January, providing dishes featuring locally sourced and flourishing winter ingredients. OVI will also offer a series of chef-led masterclasses and specialty dinner events.

[@ojaivalleyinn](#)

## DAY 2

### STRETCH

Personalized stretching and alignment has taken form as a wellness concept at **StretchLab**. The studio focuses on the customization and implementation of a stretch routine conducted by their "flexologists" that has a variety of health benefits such as increased range in motion, better flexibility and balance, and overall pain relief.

[@stretchlabmontecito](#)

### JEWELRY

Expertise and craftsmanship are trademarks of any stellar piece of jewelry—and **Sandy Moss Jewelry** exceeds these standards. This appointment-only Montecito gem provides unique and timeless pieces using high-quality metals and stones. Sandy's designs are perfect as fashionable statement pieces, or ideal as a thoughtful and elegant gift or engagement ring.

[@sandybossjewelry](#)

### NAILS

Take a break from the day-to-day and pamper yourself at **Springtide**. This luxury nail

salon offers a full relaxation-experience on top of an already stellar manicure and pedicure menu. Sit back in the plush pedicure chairs, and rest assured that all products and nail lacquers used are non-toxic. [@springtidenails](#)



### DRINK

Cocktail hour is calling—and it beckons you to **Pearl Social**. Sink into a velvet booth and sip on the "Absinthe-Espresso Martini" or a "Disco Infiltrator" as you enjoy the live music and eclectic atmosphere. [@pearlsocialsb](#)

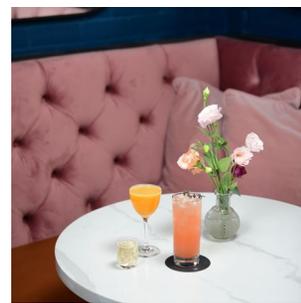


Photo by Silas Fallstich

### DINNER

**Barbareño** takes local California cuisine up a notch with creative and beautifully-presented dishes. The menu features innovative plates such as Grilled Avocado with ponzu and yuzu mousse, as well as an Acorn Pappardelle which fuses a classic Italian dish with earthy, unconventional flavors. [@barbareno\\_sb](#)